












JUNE 2019



EVERY MONDAY	EVERY TUESDAY	EVERY WEDNESDAY	EVERY THURSDAY	EVERY FRIDAY
9:30 Bridge/Chair Exercise 10:00 Walking Group or Computer Help 10:00 & 11:00 Young at Heart Fitness 12:00 Lunch \$3.50 Contribution 12:30 Cards/Dominoes 1:00 Wegmans van (E)	9:00 Low Impact Aerobics 10:00 Crafts 11:00 Arthritis Class 12:00 Soup & Sandwich \$3.50 contribution 12:30 Scrabble/Mahjong Wegmans van(W)	9:30 Chair Exercise 10:00 Walking Group 10:00 & 11:00 Young at Heart Fitness 12:00 Lunch \$3.50 Contribution 1:00 Euchre/Gametime/ Billards 1:00 Core-Aid	9:00 Low Impact Aerobics Exercise 12:00 Senior Club Activities/Lunch	9:30 Chair Exercise 10:00 Walking Group 10:00 & 11:00 Young at Heart Fitness 12:00 Lunch \$3.50 Contribution 1:00 Cards/Billards
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	 Tuesday, June 11 9-Aerobics 10-YAHF 11-Arthritis 12:30 Core-Aid/ Scrabble 1:00 PiYo 1:30 Balance 2:00 Yoga / Bocce practice	Vendors: *Rochester General Wound Healing Center *Monroe County Office for Aging. *Lattimore PT * FISH/ RHAFT * Costco		 Our garden is in! Your help is appreciated
3 Trip: Batavia Downs 10-Computer Instruction 12:30 Tablet talk w/ Laura HPL Wegmans van (E)	4 Crafts: Fathers Day Napkin bands 12:30 Scrabble Sing along w/Betty & Gordon Trip: RBTL presents "Waitress"	5  MONTHLY BIRTHDAY! sponsored by the Gables of Brighton 10- Learn to Crochet  w/Maddie & Dawn Gametime:Wits & Wagers 1:00 Core-Aid	6 Trip: Public Market 10- Art w/ Elaine 12:30 Mahjongg 1:00 Yoga	7 No van transportation 11:30 Ora Mae's Garden 1:00 Bocce League begins 
10 No van transportation 9:30 Eldersource- Srs. Info Counselor 11:30 Dietician Talk w/ Cindy-MCOFA  12:45 Sponsored by Legacy Wegmans van (E)	 Special classes & vendors. Lunch w/entertainment. Crafts: Greeting cards 12:30 Scrabble Wegmans van(W) 1- PiYo	12 10-Walking Group 1:00 Core-Aid Gametime: Eat It! or Euchre	13 10-Art w/ Elaine 12:30 Mahjongg 1:00 No Yoga	14 10am America Hears- free hearing aid cleanings. 12:45 Movie & Popcorn (on our new 60 inch TV) "The Upside" 1:00 Bocce League
17 1:30 Book Club w/ Erin HPL Walmart van (E)	18 Crafts: Jewelry 12:30 Scrabble 12:45 Sing along w/ Betty & Gordon 1:00 No PiYo Walmart van (W)	19 10- Walking Group 10am or 11am Young at Heart Fitness 1:00 Gametime: Pub Trivia/ Core-Aid or Euchre	 Club Picnic & Bingo Sign up at front desk 12:30 Mahjongg 1:00 Yoga	21 1:00 Line Dance w/ Will Bid Euchre Bocce League
24 Trip: Dellago Casino	25 Crafts: Sale items Primary Election Day- NO Arthritis Class 9- Hike: Thousand Acre 1:00 Health Coaching by Debbie. 2:00 No Balance Class	26 1:00Gametime: Oodles Core-Aid or Euchre Tournament 	27 Hike: Caledonia 10-Art w/ Elaine 12:30 Mahjongg 1:00 Yoga	28 9:30 Eldersource Srs. Info Counselor 12:45- FOR MEN ONLY STRENGTH TRAINING CLASS 1:00 Bocce League