











EVERY MONDAY	EVERY TUESDAY	EVERY WEDNESDAY	EVERY THURSDAY	EVERY FRIDAY
9:30 Bridge/Chair Exercise 10:00 Walking Group 10:00 & 11:00 Young at Heart Fitness 12:00 Lunch \$3.50 Contribution 12:30 Cards/Dominos 1:00 Wegmans van (E)	9:00 Low Impact Aerobics 10:00 Crafts/Computer Help 11:00 Arthritis Class 12:00 Soup & Sandwich \$3.50 Contribution 12:30 Scrabble Wegmans van(W)	9:30 Chair Exercise 10:00 Walking Group 10:00 & 11:00 Young at Heart Fitness 12:00 Lunch \$3.50 Contribution 1:00 Euchre/Gametime/Billardards	9:00 Low Impact Aerobics Exercise 12:00 Senior Club Activities/Lunch 12:30 Mahjong	9:30 Chair Exercise 10:00 Walking Group 10:00 & 11:00 Young at Heart Fitness 12:00 Lunch \$3.50 Contribution 1:00 Cards/Billardards
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	 MONTHLY BIRTHDAY! sponsored by the Gables of Brighton 10- Crochet with Maddie & Dawn 11:30 Gables 1-Gametime: Pub Trivia Core-Aid	5	6
Center Closed 	Crafts: Fall decoration 12-Lunch 1- PiYo Wegmans van		12:30 Mahjong 1:00 Yoga 	12- Lunch Lots a Lotta Game 1-Bocce League <hr/>  Tailgate Pizza Party Sunday, 9/8 12:30 Sign up in book
9	10	 Patriot Day 11- Wegmans-Meals to Go Program 12- Lunch w/ entertainment: M. Burrell Gametime:The Best of TV & Movies. No Core-Aid	12	13
12-Lunch 12:30 Tech Help w/ Laura HPL Wegmans van (E)	Crafts: greeting cards 12-Lunch 12:30 Scrabble Wegmans van (W)		Trip: Breakfast w/ the Boys-GVCM 12:30 Mahjongg 1:00 Yoga  Trip: JCC-Open House & Seminar: Cutting the Cable Cord. Sign up	10:30- American Red Cross Citizen Preparedness 12-Lunch 12:45-Movie & Popcorn- " A Dog's Journey" 1-Bocce League
16	17	18	19	20
Trip: Batavia Downs 9:30 Eldersource- Srs. Info Counselor  12-Lunch Wegmans van (E)	Crafts: Jewelry 12-Lunch 12:30 Scrabble 1:00 PiYo Wegmans van(W)	10-Walking Group 12-Lunch Gametime: Trivia Challenge 1-Core-Aid	Seniors Club Dinner & Meeting &  Call Carol 444-0159 12:30 Mahjong No Yoga	Trip: Seneca Park Zoo 12-Lunch 1- Last Bocce League
23	24	25	26	27
12-Lunch 1:30 Book Club w/ Erin HPL Walmart van (E)	Crafts: Pumpkins Hike: Turning Point Park 12-Lunch 12:30 Scrabble 1- Health Coaching by Debbie. 2:30- Balance Class at Lattimore PT (by MCC) Walmart van(W)	11:30 Gilda's Club 12-Lunch 1- Gametime: Welcome Back Fall Trivia Euchre Tournament	Trip: Marcy Downey Show at Tillmans 12:30 No Mahjongg 1:00 No Yoga	9:30 Eldersource 10- Crafts w/ Jackie-Sweatshirts 12-Lunch NO STRENGTH TRAINING CLASS. 1-Line Dance w/ Will or Hand & Foot Cards
30			Upcoming events: Trip: 10/3 Fall Foliage-Abbey of the Genesee 10/16 Elder Law Fair & Public Hearing at Temple B'rith Kodesh	 Department of Motor Vehicles-REAL ID at Senior Center. Oct. 2-Paperwork assistance Oct.8 Mobile Unit

