



Lunch Menu

Monday - Tuesday - Wednesday - Thursday - Friday

12:00 pm

\$ 3.50 Contribution



Mon	Tues	Wed	Thurs	Fri
	<u>January 1-</u> New Years Day 	<u>January 2-</u> Center Closed		<u>January 4-</u> Center Closed
<u>January 7-</u> Chicken Cordon Bleu Spanish Style Lima Beans Carrots Fruit Cocktail	<u>January 8-</u> Ham, Turkey ,  Roast Beef Sandwich and Soup	<u>January 9-</u> Beef Stew Biscuit Cauliflower Corn Fresh Apple 		<u>January 11-</u> Ground Beef Tacos Cheese, L,T, Salsa, Sour Cream Southwestern Chicken Soup Pears 
<u>January 14-</u> Swedish Meatballs Brown Rice Mixed Vegetables Spinach Marble Rye Bread Peaches 	<u>January 15-</u> Ham, Turkey , Roast Beef Sandwich and Soup	<u>January 16-</u> Fish Sticks w/ Tarter Sauce Coleslaw  Peas Corn Tortillas Pineapple		<u>January 18-</u> Broccoli Cheese Quiche Tossed Lettuce Salad Green Beans 12 Grain Bread Mandarin Oranges
<u>January 21-</u> 	<u>January 22-</u> Ham, Turkey , Roast Beef Sandwich and Soup	<u>January 23-</u> Black Bean Lentil Chili Sour Cream Tossed Lettuce Salad Corn Muffin Fresh Apple 	<u>January 24-</u> *Club Dinner	<u>January 25-</u> Chinese Vegetables Pork Brown Rice Broccoli Dinner Roll Pineapple 
<u>January 28-</u> Breaded Haddock Mashed Potatoes Broccoli Wheat Bread Apricots 	<u>January 29-</u> Ham, Turkey ,  Roast Beef Sandwich and Soup	<u>January 30-</u> Braised Pork Chop Warm Applesauce Scalloped Potatoes Brussels Sprouts Oatmeal Raisin Cookie		<i>New month.</i> <i>New beginning.</i> <i>New focus</i> <i>New start.</i> <i>New intentions.</i> <i>New results.</i> <i>Happy New Year!</i>



Come and Join Us For Lunch
Call for Reservations 334-4030

Certified by Mary Apps, MS, RD, CDN

*= Meal is NOT certified by MCOFA Dietitian or provided by ABVI

