



# Lunch Menu

Monday - Tuesday - Wednesday - Thursday - Friday

12:00 pm

\$ 3.50 Contribution



Mon	Tues	Wed	Thurs	Fri
<p><u>July 1-</u> Stuffed Pepper w/ Sauce Mashed Potatoes Carrots 12 Grain Bread Fruit Cocktail</p> 	<p><u>July 2-</u> Chicken Salad Sandwich Thinwich Yankee Bean Soup Tossed Lettuce Salad Cantaloupe</p>	<p><u>July 3-</u> Italian Chicken Sausage Peppers &amp; Onions Steamed Potatoes Corn Sherbet</p> 	<p>Closed</p> 	<p><u>July 5-</u>  Closed</p>
<p><u>July 8-</u> Breaded Haddock Mashed Potatoes Broccoli Wheat Bread Pears</p> 	<p><u>July 9-</u> Ham, Turkey ,  Roast Beef  Sandwich and Soup</p> 	<p><u>July 10-</u> Rosemary Oven Browned Chicken Cucumber &amp; Tomato Salad Steamed Potatoes Lemon Pudding w/ Whipped Topping</p>		<p><u>July 12-</u> Roast Beef Sandwich Wheat Thinwich Tomato Florentine Soup Pea &amp; Cheese Salad Applesauce</p>
<p><u>July 15-</u> Veggie Meatball Sub Sandwich Minestrone Wax Beans Mandarin Oranges</p> 	<p><u>July 16</u> Ham, Turkey ,  Roast Beef  Sandwich and Soup</p>	<p><u>July 17-</u> Swedish Meatballs over Brown Rice Carrots Dinner Roll Fruited Gelatin w/ Whipped Topping</p> 		<p><u>July 19-</u> BBQ Chicken Cabbage Beef Soup Steamed Potatoes Corn Muffin Pears</p>
<p><u>July 22-</u> Chicken Cordon Bleu Mashed Potatoes Gravy California Blend Vegetables Peaches</p> 	<p><u>July 23-</u> Ham, Turkey ,  Roast Beef  Sandwich and Soup</p> 	<p><u>July 24-</u> Italian Sausage Pasta &amp; Sauce Cucumber &amp; Onion Salad Mixed Vegetables Italian Bread Cantaloupe</p> 		<p><u>July 26-</u> Seafood Salad Wheat Thinwich Navy Bean Soup Tossed Salad Mandarin Oranges</p> 
<p><u>July 29-</u> Sweet &amp; Sour Meatballs Brown Rice Cauliflower Carrots Applesauce</p> 	<p><u>July 30-</u> Grilled Ham &amp; Cheese, Turkey , Roast Beef Sandwich and Tomato Soup</p> 	<p><u>July 31-</u> Macaroni &amp; Cheese Stewed Tomatoes Green Beans Marble Rye Bread Honeydew</p> 		



**Come and Join Us For Lunch**  
**Call for Reservations 334-4030**

Certified by Mary Apps, MS, RD, CDN

\*= Meal is NOT certified by MCOFA Dietitian or provided by ABVI

